

TranSync[™] Cloud User Manual

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TranSync Introduction

Thank you for choosing TranSync[™]! The TranSync Compliance Monitoring System is designed to provide patients with a secure and convenient way to view compliance data and transmit it to homecare providers and clinicians.

Note: TranSync Desktop Software is compatible with Windows (7 and 10) PC systems.

Indications for Use

The TranSync system is intended for use by patients, homecare providers, and monitors in conjunction with the Transcend miniCPAP devices for the purpose of managing patient compliance by viewing or sending compliance data.

About this User Manual

This user manual is intended to be used by **individual users** (patients). For details on how to use the system as a homecare provider or authorized monitor, visit <u>www.MyTranSync.com/resources</u> to download the homecare or monitor manual.

Note: For purposes of this manual, some software screen images may differ from the actual screen display. This is only for clear printing and on-screen display of this manual.

MyTranSync.com Functions

Registering for an Account (Optional)

Registration is not required in order to send compliance data to your Homecare Provider. However, if you'd like to view your own compliance data or transfer your data via the mobile app, follow these instructions to register for an **Individual User Account**.

- 1. Go to <u>www.MyTranSync.com</u>
- 2. Select "Register".



3. Choose "Individual User Account" and click "Continue Registration"

 Individual User Account Choose this account type if you have a Transcend device and wish to track your own compliance.
Continue Registration »

4. Complete the required fields (indicated by a *), review the *Terms of Use*, check the corresponding box, and select "Submit Registration".



5. An email will be sent to you with details to finish registration. Open the email and note the temporary password.

Thank you for registering with TranSync 🤉 Index x
TranSync noreply@somnetics.com <u>via</u> sendgrid.me to me ▼
Hello
Thank you for registering with TranSync. To activate your account, please visit http://transyncwebga.azurewebsites.net/.
Your chosen user name is:
Your temporary password is: d{8R?Pa
Thank you,
TranSync

- 6. Click on the link inside the email to launch MyTranSync.com in a browser.
- 7. Select "Log On" on the TranSync homepage.



 Log on using your username and temporary password. Select "Change Password" to update the temporary password to your new personal and secure password. You will automatically be asked to change the temporary password following your first log on.

	ISync! ord. Your temporary password was sent to news anneticauser@gmail.com. minimum of 7 characters in length, and must contain AT LEAST 2 of the following character types: lower case letter, upper case letter, number.
Reset Your Tem	porary Password
Current password	
New password	
Confirm new password	
Change Password	

Registering for a Device (Optional)

Note: You only need to register your PAP device if you choose to register for an Individual User Account. Follow these instructions to register your PAP device.

1. To register a device, select "Devices" and then "Register Device".

TRANSYNC	Devices 🗸	Patients 🔻	Sub-Accounts -	Users 🕶	Settings 🕶
	ा List ● Register	Device			

Enter the serial number of the PAP device and click on "Submit" (Step 1).
 After submission, the system will ask you to confirm the device serial number for completion (Step 2).

Step 1 - Device Search	
Please enter the entire Serial Number of the Transcend device you wish to register	
2	
Submit	



Note: A user can have multiple devices registered to their account if desired.

Reviewing Your Device List

- 1. Click on "Devices"
- 2. Click on "List"
- 3. All devices that have been registered to your account will be displayed.

Transcend Devices

Serial #	Min Pres.	Max Pres.	Start Pres.	EZEX
B10A00001				
B13A10257				

Reviewing Compliance Reports

- 1. Go to www.MyTranSync.com
- 2. Log on using your username and password.
- 3. Select "Compliance Report" in the upper left-hand corner of the page.



 The compliance overview screen should contain summary boxes corresponding to Compliance Summary, Patient Therapy Settings, Therapy Pressure Summary, AHI – Events Per Hour of Use, and Leak Summary.



Usage Report for serial number: B10A00001	Tuesday, August 6, 2019 2:31:43 PM
User: Last, First	
Compliance Summary	
Date Range: 7/3/2019 to 8/1/2019 (30 total days, 160 total hours of therapy)	
Average Hours/Night: 5.3	
Median Hours/Night: 5.3	
90 Percentile Pressure: 18.0 cmH2O	
95 Percentile Pressure: 19.4 cmH2O	
18 of 30 Days with at least 4 hours of therapy (60%)	
6 of 30 Days with between 4 and 6 hours of therapy (20%)	
3 of 30 Days with between 6 and 8 hours of therapy (10%)	
9 of 30 Days with 8 or more hours of therapy (30%)	
0 of 30 Days not used (0%)	
Patient Therapy Settings	
Minimum Therapy Pressure: cmH20 Maximum Therapy Pressure: cmH20	
Starting Therapy Pressure: cmH20	
Ramp Starting Pressure: cmH20	
Ramp Duration: min	
EZEX™ Pressure Relief:	
Therapy Pressure Summary	
Minimum Pressure: 4.1 cmH2O	
Maximum Pressure: 20.0 cmH2O	
Time-weighted Average Pressure: 11.2 cmH2O	
AHI - Events Per Hour of Use	
AHI Index: 2.31	
Apnea Index: 1.06	
Hypopnea Index: 1.25	
% of Time in Apnea: 0.5%	
% of Time in Hypopnea: 0.6%	
Leak Summary	
Average Leak: 22.42 (L/Min)	
Median Leak: 17.00 (L/Min)	
90 Percentile Leak: 52.00 (L/Min)	
95 Percentile Leak: 62.00 (L/Min)	

5. The overview date range will default to the most recent 30-day window. To change the report time period, simply change the dates at the top of the page and select "Submit".

Start:	07/02/2019	End:	08/01/2019	🗸 Submit

- 6. To view your therapy sessions in more detail, click compliance detail. This page houses therapy sessions and events over the selected time period.
- 7. To print this report, select "Print to PDF". After the PDF version of the report has downloaded, you may print the report to hard copy.



Note: To view compliance information on the website, you must be registered.

Follow instructions in the "Registering for an Account" section.

Reviewing Compliance Reports from Multiple PAP Devices

- 1. On the compliance overview screen select a new device from the drop-down menu and select "Submit".
- 2. The compliance from the newly selected device will be displayed.

My Account Functions

There are a number of functions that individual users can perform.

- 1. To access the following functions, go to <u>www.MyTranSync.com</u> and log on using your username and password.
- 2. Select your username in the top right-hand corner of the window, then select "My Account".



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The following functions will be available to you:

- Update **Contact Information**, such as address and phone number.
- Update Username
- Change Password
- View **Notes** made by your homecare provider or monitor
- Add Authorized Care Providers/Monitors to view your compliance data (see steps below). (This allows your care provider(s), such as your doctor, to view your compliance data.)

Note: Follow these steps to share your data with authorized monitors. Authorized monitors are only allowed to view patient data and compliance.

Add Authorized Care Providers / Monitors

1. In the Authorized Care Providers Section, click the + symbol.

Authorized Care Providers

2. Search for a care provider or monitor using any of the fields provided. The list of results will only contain Authorized Care Providers who have registered for an account. If your Authorized Care Provider has not signed up for an account, they must do so before you will be able to share your data.

Provider Search

Enter any of the following s	search criteria to find a care provider:	
Unique Provider Identifier		2
First Name		
Last Name		
Institution		
Search		

3. Once you find your monitor from the results list, click "Select."

4. Confirm the selection and click "Confirm"

Mobile Functions

Pairing Devices

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To use the TranSync Bluetooth module and mobile app for data transfer, refer to the TranSync Mobile User Manual (103980) available at <u>www.MyTranscend.com/support</u>.



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